

# Military and Veteran Mental Health – Innovations in Treatment

Master classes with  
**Professor Barbara Rothbaum**  
**Professor Marylène Cloitre**

Friday 27 July 2018  
Pullman on the Park, Melbourne



**Professor Barbara Rothbaum**  
*Prolonged Exposure Therapy*

**Professor Marylène Cloitre**  
*Skills Training in Affective and  
Interpersonal Regulation (STAIR) Therapy*

These two half-day master classes will cover:

- Using evidence-based therapy with military, veteran and other clients
- Expert tips and guidance on using therapy
- Working with more complex cases
- Flexible use of therapy in clinical practice
- Recent innovative applications of therapy

## Registration

Cost: \$200

Register online: [www.phoenixaustralia.org/2018forumregistration](http://www.phoenixaustralia.org/2018forumregistration)

Enquiries: [phoenix-info@unimelb.edu.au](mailto:phoenix-info@unimelb.edu.au), 03 9035 5599

The Practitioner Forum is suited to practitioners with an interest in military, veteran and posttraumatic mental health. The cost of registration has been subsidised by the sponsoring organisations.

### **Professor Barbara Rothbaum**

is a Professor in the Department of Psychiatry and Behavioral Sciences at Emory University School of Medicine, USA. She is Director of the university's Veterans Program and Trauma and Anxiety Recovery Program. She is a clinical psychologist specialising in research on the treatment of veterans and others with anxiety disorders, focussing in particular on PTSD. She is a pioneer in Prolonged Exposure Therapy, the application of virtual reality to the treatment of psychological disorders, the pharmacological enhancement of psychological therapy for PTSD, and other innovative approaches to evidence-based psychological therapy.

### **Professor Marylène Cloitre**

is the Associate Director of Research at the National Center for PTSD Dissemination and Training Division, Palo Alto VA Healthcare System, USA. She is also Clinical Professor of Psychiatry and Behavioural Sciences at Stanford University. Her extensive research and clinical work focusses on PTSD and complex PTSD among military veterans and the general community, including those who have experienced childhood abuse and traumatic loss. Professor Cloitre developed Skills Training in Interpersonal and Affective Regulation (STAIR), an effective skills-focussed intervention that can be used as a standalone treatment or integrated with trauma processing therapies.

This Practitioner Forum is proudly sponsored by



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